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## Discrete Geometry II – Problem Sheet 6 Solution to Problem 1c

**Problem 1:** Convex bodies, polars, and ellipsoids (8(+2) Points) (c) Let *E* be an ellipsoid centered at the origin given by  $E = \{x \in \mathbb{R}^d : \langle Qx, x \rangle \leq 1\}$ , where *Q* is a positive definite matrix. Show that  $E^* = \{y \in \mathbb{R}^d : \langle Q^{-1}y, y \rangle \leq 1\}$ .

*Proof.* To begin with, we will prove two facts:

• Fact 1: Given a nonempty set  $K \subseteq \mathbb{R}^d$  and an invertible linear transformation A on  $\mathbb{R}^d$ , we have

$$(AK)^* = (A^t)^{-1}K^*,$$

where the asterisk denotes the polar.

• Fact 2: If  $B_d$  denotes the *d*-dimensional unit ball, then

$$B_d^* = B_d$$

Proof of Fact 1. This was shown in class on Thursday, June 5. Let us recall it:

$$(AK)^* = \{ y \in \mathbb{R}^d : y^t Ax \le 1 \ \forall x \in K \}$$
  
=  $\{ y \in \mathbb{R}^d : (A^t y)^t x \le 1 \ \forall x \in K \}$   
=  $\{ (A^t)^{-1} A^t y : y \in \mathbb{R}^d, \ (A^t y)^t x \le 1 \ \forall x \in K \}$   
=  $\{ (A^t)^{-1} z : z \in \mathbb{R}^d, \ z^t x \le 1 \ \forall x \in K \}$   
=  $(A^t)^{-1} \{ z \in \mathbb{R}^d, \ z^t x \le 1 \ \forall x \in K \}$   
=  $(A^t)^{-1} K^*.$ 

Proof of Fact 2.

$$B_d^* = \{ y \in \mathbb{R}^d : y^t x \le 1 \ \forall x \in B_d \}$$
  
=  $\{ y \in \mathbb{R}^d : \max_{\|x\| \le 1} y^t x \le 1 \}$   
 $\subseteq \{ y \in \mathbb{R}^d : \max_{\|x\| \le 1} \|y\| \|x\| \le 1 \}$   
=  $\{ y \in \mathbb{R}^d : \|y\| \le 1 \}$   
=  $B_d,$ 

where the (third) inclusion is due to the Cauchy–Schwarz inequality. For the reverse inclusion, let  $x_0 \in B_d$  and let  $x \in \mathbb{R}^d$  such that  $||x|| \leq 1$ , then  $x_0^t x \leq ||x_0|| ||x|| \leq 1$  and hence,  $x \in B_d^*$ .

The matrix Q can be written as  $Q = U^t D U$  for an orthogonal matrix U and a diagonal matrix D with (strictly) positive entries. Hence Q can be written as  $Q = L^t L$ , where  $L = \sqrt{D}U$ .

Finally, let's prove the original claim in 1(c). Let

$$S := \{ y \in \mathbb{R}^d \colon \langle Q^{-1}y, y \rangle \le 1 \}.$$

Let  $A := L^{-1}$  and  $K := B_d$  in Fact 1. Then,

$$E^* = (L^{-1}B_d)^*$$
$$= L^t B_d^*$$
$$= L^t B_d$$
$$= S,$$

where the first equality is a simple calculation, the second is due to Fact 1, the third is due to Fact 2, and the last is again a simple calculation. For the simple calculations use that the inverse of a transpose is the transpose of its inverse, and the fact that inverses of symmetric matrices are symmetric.  $\Box$